

Urology CNS - Key Worker

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References

If you require a full list of references for this leaflet please email
patient.information@ulh.nhs.uk

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Urology Clinical Nurse Specialist - Key Worker

Urology Department

www.ulh.nhs.uk

Patient information

The Urology Clinical Nurse Specialist is a registered Nurse who has specialist knowledge and experience of caring for patients with urological cancer. This includes care of patients with cancer of the bladder, prostate, kidney, testes, penis and ureters.

The service

The service aims to offer support to you the patient, your family and carers.

With your agreement the Urology Clinical Nurse Specialist can become your **key worker**. Within this role we are able to liaise with a number of health professionals involved in your treatment and care, both in the hospital and community. This will ensure that your care is as consistent and co-ordinated as possible and that all your needs are met. We should be your first point of contact if you have a question or concern.

We are your link to the multi-disciplinary team (MDT), the team of specialists responsible for working out your treatment plan.

We offer:

- Emotional and psychological support for you and your family.
- We act as your link to the hospital from diagnosis through treatment to follow up.
- Information and advice about urological cancers and their treatments, for example:
 - ◆ Surgery
 - ◆ Chemotherapy
 - ◆ Hormone therapy
 - ◆ Radiotherapy
 - ◆ Active monitoring with blood tests

We are able to give you further information regarding financial help and benefits and other support services including:

- Prostate cancer support group
- Bladder cancer focus group
- MacMillan services

What type of follow up will you have?

This will depend on the type of cancer you have had but it is likely to be one of the following:

- Follow up at your consultant's clinic at regular intervals with blood tests and/or scans or X-Ray
- Follow up at your general practitioner (GP) surgery with regular blood tests
- Follow up at an outpatient clinic led by the urology clinical nurse specialist such as:
 - ◆ Key worker clinic
 - ◆ Telephone follow up clinic
 - ◆ Erectile dysfunction clinic
 - ◆ Incontinence clinic
 - ◆ Prostate stable cancer clinic
 - ◆ Bladder cancer treatment clinic

Your urology clinical nurse specialist - key worker is:
